ABOUT THE DOCTOR



DR. MONTE O. HARRIS

Dual board certified by the American Board of Facial Plastic and Reconstructive Surgery and the American Board of Otolaryngology-Head and Neck Surgery, Dr. Monte O. Harris is a cosmetic facial plastic surgeon practicing out of Chevy Chase, MD, at the Center for Aesthetic Modernism.

01 The Consultation

I decided to go to Dr. Harris to take a hard look at my face and find out what he could do to keep my face fresh, youthful and up to date. He told me about RADIESSE and said I was a great candidate for it.

WHAT THE DOCTOR SAYS

"Part of our discussion was about what we could do now for enhancement and as a long-term regimen to make sure her skin maintains its tone and stays as healthy as possible," Dr. Harris says. "She was also concerned about her smile lines, which separated her cheeks from her lips. This was an area where I thought we could enhance her authentic beauty with RADIESSE, and do it in a manner that didn't take away from the looks she already had."

HOW I SOFTENED MY SMILE LINES

"I first noticed the changes in my appearance when I kept looking tired even when I was well rested. As an aesthetician, it is really important for me to look great because I'm giving my clients advice about their looks and their skin. The folds in my face were starting to deepen and I know that's part of the aging process, but I knew I wanted to do something about it." — ROBIN, 56

02 The Treatment

I was taken to a very peaceful room. There, the doctor put a numbing solution on my face and also had an ice pack for me to use. There was a gentle prick to my skin. It didn't make me flinch or anything. It was painless, just a prick. It took about 15 minutes and then I was off to do whatever I needed to do for the rest of the day. The treatment was so minor and gentle that I could have gone back to work within the hour if I had to. It was a great experience for me.

WHAT THE DOCTOR SAYS

"In my experience, RADIESSE can last a year or more.[1] It does depend on the patient's own regenerative capacity as it relates to collagen production. I have patients come in for booster treatments down the line to maintain the result further. Around nine months we meet to reevaluate the results and discuss when would be the right time to do reinjection," Dr. Harris says.

WHY IS COLLAGEN SO IMPORTANT?

Collagen improves the skin's elasticity, which refers to its flexibility and suppleness. "When we look at youthful skin, we see it has a certain fullness, resilience and tone to it," Dr. Harris says. "The dermis, or elastic framework of the skin, plays a huge role in the youthfulness of skin tone."

Please see Important RADIESSE Volumizing Filler Treatment Considerations on the following page and references on page 151.

03 The Results

I feel renewed. I look like myself, but I look well rested. There is a fullness to my face. I look younger and that gives me confidence. It makes me feel like showing my face off and not covering myself up all the way up to my neck. Dr. Harris is truly an artist. He enhanced what was already there without making it scream I had something done. And that is what I love most about my results: They look very natural and they last.[1]

WHAT THE DOCTOR SAYS

"RADIESSE has two advantages: an immediate increase in volume and a long-lasting result since it stimulates collagen over time,"[1,2] Dr. Harris says. "Right away patients get such a kick out of RADIESSE because they see immediate results, and when I say immediate, I mean before they walk out of the office. The ability to soften facial lines that quickly is incredible. There will be some mild swelling, but that is usually resolved within 24 to 48 hours."

HOW DOES IT IMPROVE THE RESULTS?

Boosting the body's own natural collagen production improves skin tone and texture, which is why RADIESSE works on multiple levels to counteract the effects of aging. "It stimulates healing and makes your body an active participant in restoring a youthful appearance," Dr. Harris says. So you get improved volume and skin elasticity.



...a youthful appearance is associated with improving shadows and highlights of the face. RADIESSE does that very well... DR. HARRIS SAYS.

RADIESSE® VOLUMIZING FILLER



ROBIN, 56, a wife and mother, works as an aesthetician in two different spas: The Red Bloom Wellness Spa in downtown Bethesda, MD and the Ritz-Carlton Georgetown, Washington, D.C.

Photography: Diamond Zinkhon